

INTERNATIONAL STANDARD

NORME INTERNATIONALE

**Assessment of electronic and electrical equipment related to human exposure
restrictions for electromagnetic fields (0 Hz – 300 GHz)**

**Evaluation des équipements électroniques et électriques en relation avec
les restrictions d'exposition humaine aux champs électromagnétiques
(0 Hz – 300 GHz)**



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INTERNATIONAL
ELECTROTECHNICAL
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INTERNATIONAL ELECTROTECHNICAL COMMISSION

ASSESSMENT OF ELECTRONIC AND ELECTRICAL EQUIPMENT RELATED TO HUMAN EXPOSURE RESTRICTIONS FOR ELECTROMAGNETIC FIELDS (0 Hz – 300 GHz)

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International Standard IEC 62311 has been prepared by IEC technical committee 106: Methods for the assessment of electric, magnetic and electromagnetic fields associated with human exposure.

The text of this standard is based on the following documents:

FDIS	Report on voting
106/129/FDIS	106/134/RVD

Full information on the voting for the approval of this standard can be found in the report on voting indicated in the above table.

This publication has been drafted in accordance with the ISO/IEC Directives, Part 2.

The committee has decided that the contents of this publication will remain unchanged until the maintenance result date indicated on the IEC web site under "<http://webstore.iec.ch>" in the data related to the specific publication. At this date, the publication will be

- reconfirmed;
- withdrawn;
- replaced by a revised edition, or
- amended.

ASSESSMENT OF ELECTRONIC AND ELECTRICAL EQUIPMENT RELATED TO HUMAN EXPOSURE RESTRICTIONS FOR ELECTROMAGNETIC FIELDS (0 Hz – 300 GHz)

1 Scope and object

This International Standard applies to electronic and electrical equipment for which no dedicated product- or product family standard regarding human exposure to electromagnetic fields applies.

The frequency range covered is 0 Hz to 300 GHz.

The object of this generic standard is to provide assessment methods and criteria to evaluate such equipment against basic restrictions or reference levels on exposure of the general public related to electric, magnetic and electromagnetic fields and induced and contact current.

NOTE This standard is intended to cover both intentional and non-intentional radiators. If the equipment complies with the requirements in another relevant standard, e.g. EN 50371 covering low power equipment, then the requirements of this standard (IEC 62311) are considered to be met and the application of this standard to that equipment is not necessary. See also Clause 7.2.

2 Normative references

The following referenced documents are indispensable for the application of this document. For dated references, only the edition cited applies. For undated references, the latest edition of the referenced document (including any amendments) applies.

IEC 60050-161, *International Electrotechnical Vocabulary – Chapter 161: Electromagnetic compatibility*

3 Terms and definitions

For the purposes of this document, the terms and definitions contained in IEC 60050-161 as well as the following terms and definitions apply.

3.1 averaging time

t_{avg}
appropriate time over which exposure is averaged for purposes of determining compliance

3.2 basic restriction

maximum exposure level that should not be exceeded under any conditions

NOTE Examples of basic restrictions can be found in Annex II of the Council Recommendation 1999/519/EC [6]¹⁾, ICNIRP Guidelines [1] IEEE Std C95.6™ [2] and IEEE Std C95.1™ [3].

¹⁾ Figures in square brackets refer to the Bibliography.

3.3**contact current**

current flowing into the body resulting from contact with a conductive object in an electromagnetic field. This is the localised current flow into the body (usually the hand, for a light brushing contact)

3.4**current density***J*

current per unit cross-sectional area flowing inside the human body as a result of exposure to electromagnetic fields

3.5**duty factor**

duty cycle

ratio of pulse duration to the pulse period of a periodic pulse train. Also, a measure of the temporal transmission characteristic of an intermittently transmitting RF source such as a paging antenna by dividing average transmission duration by the average period for transmissions. A duty factor of 1,0 corresponds to continuous operation

3.6**electric field strength***E*

magnitude of a field vector at a point that represents the force (*F*) on an infinitely small charge (*q*) divided by the charge

$$E = \frac{F}{q}$$

3.7**equipment under test****EUT**

an electrical or electronic apparatus that is tested for compliance with exposure limits

3.8**exposure**

exposure occurs whenever and wherever a person is subjected to electric, magnetic or electromagnetic fields or to contact current other than those originating from physiological processes in the body and other natural phenomena

3.9**exposure level**

value of the quantity used to assess exposure

NOTE This may be an induced current density, *SAR*, power density, electric or magnetic field strength, a limb current or a contact current.

3.10**exposure limit**

value of an electric, magnetic or electromagnetic field derived from the basic restrictions using worst-case assumption about exposure. If the exposure limit is not exceeded, then the basic restrictions will never be exceeded

3.11**exposure, direct effect of**

result of a direct interaction in the exposed human body from exposure to electromagnetic fields

3.12

exposure, indirect effect of

result of a secondary interaction between the exposed human body and an electromagnetic field, often used to describe a contact current, shock or burn arising from contact with a conductive object

3.13

exposure, partial-body

localised exposure of part of the body, producing a corresponding localised *SAR* or induced current density, as distinct from a whole-body exposure

3.14

exposure, whole-body

exposure of the whole body (or the torso when induced current density is considered)

3.15

induced current

current induced inside the body as a result of exposure to electromagnetic fields

3.16

limb current

current flowing in an arm or a leg, either as a result of a contact current or else induced by an external field

3.17

magnetic field strength

H

magnitude of a field vector in a point that results in a force (*F*) on a charge (*q*) moving with velocity (*v*)

$$F = q(v \times \mu H)$$

(or magnetic flux density divided by permeability of the medium, see 3.18 “magnetic flux density”)

3.18

magnetic flux density

B

magnitude of a field vector that is equal to the magnetic field *H* multiplied by the permeability (*μ*) of the medium

$$B = \mu H$$

3.19

multiple frequency fields

superposition of two or more electromagnetic fields of differing frequency.

NOTE These may be from different sources within a device, e.g., the magnetron and the transformer of a microwave oven, or they may be harmonics in the field of a nominally single frequency source such as a transformer

3.20

power density

S

power per unit area normal to the direction of electromagnetic wave propagation. For plane waves the power density (*S*), electric field strength (*E*) and magnetic field strength (*H*) are related by the impedance of free space, i.e., 377 Ω

$$S = \frac{E^2}{377} = 377 H^2 = EH$$

NOTE 1 Although many survey instruments indicate power density units, the actual quantities measured are E or H or the square of those quantities.

E and H are expressed in units of V/m and A/m, respectively, and S in the unit of W/m².

NOTE 2 It should be noted that the value of 377 Ω is only valid for free space, far field measurement conditions.

3.21

power density, average (temporal)

instantaneous power density integrated over a source repetition period. This averaging is not to be confused with the measurement averaging time

3.22

power density, plane-wave equivalent

commonly used term associated with any electromagnetic wave, equal in magnitude to the power density of a plane wave having the same electric (E) or magnetic (H) field strength as the measured field

3.23

reference levels

levels of field strength or power density derived from the basic restrictions using worst-case assumptions about exposure. If the reference levels are met, then the basic restrictions will be complied with, but if the reference levels are exceeded, that does not necessarily mean that the basic restrictions will not be met

3.24

root-mean-square

r.m.s.

the effective value or the value associated with joule heating, of a periodic electromagnetic wave. The r.m.s. value is obtained by taking the square root of the mean of the squared value of a function

$$F = \sqrt{\frac{1}{T} \int_{-\frac{T}{2}}^{\frac{T}{2}} (F(t) \cdot F(t)^* dt)} \quad (\text{expression in time domain})$$

$$X = \sqrt{\sum_{n=1}^n (X_n)^2} \quad (\text{expression in frequency domain})$$

NOTE Although many survey instruments in the high frequency range indicate r.m.s., the actual quantity measured is root-sum-square (rss) (equivalent field strength).

3.25

root-sum-square

rss

the value rss is obtained from three individual r.m.s. field strength values, measured in three orthogonal directions, combined disregarding the phases.

$$X = \sqrt{X_x^2 + X_y^2 + X_z^2}$$