

CAN/CSA-Z1003-13/BNQ 9700-803/2013
National Standard of Canada

Psychological health and safety in the workplace — Prevention, promotion, and guidance to staged implementation

Disponible en français
*Santé et sécurité psychologiques
en milieu de travail —
Prévention, promotion et lignes
directrices pour une mise en
œuvre par étapes*



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In its role as a catalyst, the MHCC has created partnerships to focus on key projects and issues, and to make recommendations on how best to improve the systems that are directly related to mental health care. Examples include the justice system, primary health care, workplace, housing and others that impact the lives of Canadians living with a mental health problem or illness and their families.

The MHCC is funded by Health Canada and has a 10-year mandate (2007-2017).

The MHCC provides its recommendations to governments, service providers, community leaders and many others, and works with these partners to implement them so improvements are made. Consulting with people who have experience living with a mental health problem or illness and their families is also a key aspect in all of the MHCC's work.

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Commissioned by



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of Canada

Commission de
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du Canada

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This document contains **71 pages** (xi preliminary and 60 text), each dated **January 2013**.

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Technical Committee on Psychological Health and Safety in the Workplace

The following were members of the Technical Committee on Psychological Health and Safety in the Workplace at time of ballot:

Voting Members

General Interest

Baynton, Mary Ann (<i>Chair</i>)	Mary Ann Baynton & Associates Consulting
Bertrand, Roger (<i>Chair</i>)	<i>Economist</i>
Arnold, Dr. Ian	Mental Health Commission of Canada (MHCC)
Samra, Dr. Joti	Samra Psychology Corporation, Organisational and Media Consulting
Shain, Dr. Martin	Neighbour@Work Centre, University of Toronto, School of Public Health
Vézina, Dr. Michel	Institut national de santé publique du Québec (INSPQ), Université Laval

Organization Interest

Brown, Dr. David	Canadian Imperial Bank of Commerce (CIBC)
Fournier, Lucie	Bell Canada
Macdonald, Lynn	Northern Health/Interior Health
Nielsen, Judith	Air Canada
Roy, Louise	Royal Canadian Mounted Police (RCMP)
Sousa, Drew	City of Mississauga <i>Representing Ontario Occupational Health Nurses Association (OOHNA)</i>

Employee Interest

Lozanski, Laura	Canadian Association of University Teachers (CAUT)
Sairanen, Sari	Canadian Auto Workers (CAW)
St-jean, Denis	Public Service Alliance of Canada (PSAC)

Regulatory/Policy/Underwriter Interest

Bruce, Charles	Nova Scotia Public Service Long Term Disability Plan Trust Fund
Hobson, Kristina	WorkSafe NB

Legault, François	Health Canada
Saravanabawan, Bawan	Human Resources and Skills Development Canada (HRSDC) Labour Program
Schwartz, Mike	Great-West Life Assurance Company

Service Providers

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Ducharme, Claudine	Morneau Shepell
Jurgens, Kathy	Canadian Mental Health Association (CMHA)
Messier, Dr. Mario	<i>Occupational Health Physician</i>

Associate Members

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Harnett, Mike	WorkSMART Ergonomics Ltd.
Hong, Len	Retired CEO of the Canadian Center for Occupational Health and Safety (CCOHS)
Koehncke, Niels	Canadian Center for Health and Safety in Agriculture (CCHSA), Occupational medicine, University of Saskatchewan.
Monti, Teri	Royal Bank of Canada (RBC) <i>Representing Canadian Bankers Association (CBA)</i>
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Smith, Lori-Ann	Public Health Agency of Canada (PHAC-ASPC)

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The Technical Committee acknowledges the valuable contribution of Martin Gélinas, Air Canada, a member of the Technical Committee who passed away during the development of this Standard, as well as that of Richard Boughen, Royal Canadian Mounted Police, who took an international assignment.

Project Review Committee

Development of this Standard was overseen by the Project Review Committee, which was comprised of members representing BNQ, CSA Group, HRSDC, and MHCC:

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The Project Review Committee acknowledges the valuable contribution of Jayne Barker, formerly of the Mental Health Commission of Canada (MHCC).